

RCM Report – AUG 2010
Regional Meeting 8/14/10: Westide Area

Thank you for confidence in me as your new RCM. I hope I meet your expectations. I am always open for ideas & input. We grow together. **I will not read this entire report to you**, as you can do on your own to prepare for your report to your home groups. I encourage you to keep a record for future reference when questions arise.

Suzi & I attended this regular Regional meeting on 8/14 in its entirety & I attend a part of the Regional Assembly on 8/21. The regional meeting was quite noisy & often hard to hear. I will get a copy of the minutes in the mail & if I left anything out, I will put in next month's report.

Regional Elections:

Chair:	Christina H	Talley: 7/0/1	(for/ against/ abstentions).	I voted:	For
Vice Chair:	John R	"		"	"
Secretary:	Patricia	"		"	"
Treasurer:	Steve A	"		"	"
Policy:	John P	"		"	"
H&I:	Christian	8/0/0		"	"
Literature:	Andrew C	7/0/1		"	"
RD Altern:	Steve M	8/0/0		"	"
RD:	Walt B	Alternate automatically moves to RD (not subject to a vote)			

Open positions: Alternate secretary, alternate treasurer, hot line, public relations, special events

REPORTS:

Chair / Rhonda: Her term is complete & she thanks the committee. She expressed an interest in getting involved w/some of the focus groups or regional work groups.

Vice chair / Christina: no report

Secretary / Patricia: Sent minutes & reports to RCMs in the mail from June's regional.

Treasurer / Terry: report for July (off month): totals:

Beginning balance: \$2,806.93 / Income: \$321.57 / Expenses: \$1,214.05 / BALANCE: \$1,914.45

NEFA donation: \$400. for the region & \$120. for the phone line. (We do not typically make a "regular" donation on off months)

RD (Mike) & **Altern RD** (Walt): both submitted reports. I will combine the info here below:

- **World Unity Day:** On Sept 4th @ 1pm (est.), everyone around the world will say the Serenity Prayer.
- **Living Clean Project:** 2nd review of chapters 3,4,5 ended in June 3rd & final review will be of chapters 6&7 during Oct 1st – Dec 2010. Approval form of the book will come out in April 2011. Go to www.naws.org/lc/. There are about 900 members across the world that have given their input into this book.
- **NA Way subscription:** the last physical copy will come out in Oct. After that, you must either resubscribe or e-subscribe.

what is
missing or
not?

- Public Relations: Membership survey updated w/2009 results: average clean time is 9.01 years clean, members reported 80% improvement in relationships (family & social), & 65% improvement in employment & housing. Check out na.org for more info.
- Service System: There will be 5 workshops around the U.S. with one here in Balto. (See flyer attached.) This will be a discussion based setting where anyone can attend & give their ideas; however you must register (it's free) in order to attend. To catch up on what is going on: www.na.org/?ID=scrvsys to read about it: there is a "starter kit" to read & catch up on this system.
- Fellowship Development: If you look at the map of NA around the world, you will see many areas where NA is scarce. World is helping to develop centers in Africa & Russia.
- Literature updates: In Times of Illness & Money Matters – both were updated.
- CBDM (Consensus-based decision making): At the WSC, many participants agreed that moving to a discussion base consensus will better serve the fellowship than motions. At the next WSC in 2012, they are looking for regions to bring ideas via discussion & less from motions.
- Regional reports at Zonal Form: 6 regions (including ours) & their reports. **Free State Region showed**: 10 areas with 852 meetings, regional convention in Nov which had 2000 attendees last year & a positive income balance, an active web administrator, 202 H&I meetings & an upcoming Learning Day in Sept (see flyer), a 24/7 hot line, public relations with signs on busses & local newspapers, & YTD donations to World of \$4,161 as of June 2010 with an income of \$11,268 & expenses of \$7,114.
- Other: Other info in their reports included the way nominees are conducted (the Human Resource Panel), brainstorming ideas such as what information is suggested to put (or not to put) on "social networks" (IE: Facebook), & new regions around the world included (& not included) in the WSC.

SUBCOMMITTEE REPORTS:

Special Events/ Shelly P:

- 30 year anniversary celebration went off well but concerns w/fire marshall & too many folks in one area. Will look at the rules & regs of various places for fire codes in all areas.
- Events Calendar: NIFA had several events at the same time & are encouraged to update the Events Calendar in order to avoid multiple events on the same day
- Upcoming events: next year looking at a picnic w/ music, & later more 30 year anniversary celebrations.
- Balto hosts the next regional (off month) at the Service Center

Service Center/ Martin C:

- Basic Texts & new schedules are in (schedules by zip code now)
- Treasurer (full report) submitted. Closing balance as of 6/23/10: \$69,262.27

Web Administrator/ Louis P:

- Report included graphs of average number of hits to regional website
- Louis noted that changing a meeting on the web is password protected
- Anniversary calculator was incorrect & now fixed.
- He added links on the front page
- Discussion concerning whether RCMs wanted a printed copy of the minutes: however it was pointed that policy states minutes must be mailed. No action or motions ended w/ this concern.

H&I/ Christian:

- Did not hand out a written report to the RCMs. I couldn't understand him nor hear him. I will follow up with the RD to find out what exactly was said.
- 28 facilities in region

Hotline/ Charvette:

- no nominations for a new chair but nominating current chair again
- Also very hard to hear & no written report to the RCMs. Again, I will find out more.

Literature/ Andrew & Peggy:

- Handed out the results of the questionnaire on the project book "Living Clean". This was a review of Chapter 3 (Living Spiritually), 4 (Our Spiritual Selves), & 5 (Relationships).
- I have a copy if any groups would like one

Public Relations: no one in attendance

FSRCNA (Regional Convention)/ Dave reporting & submitting for Mitch/chair:

- Committee & subcommittees now meeting several times a month
- Pre-registration numbers not in yet & on-line registration a big topic of discussion & hoping will be up & running shortly. Louie, or web admin, will be attending a meeting for this.
- Logo was approved by the convention board
- Discussion of a rumor of either relocating or downsizing this convention. Board members noted this is merely a rumor & not factual

RCMs: All reports are submitted to the secretary & read aloud.

Balto: No events. Asked for reimbursement of fees for upcoming region on off month.
Bay: Comedy Show & Flash Back dance: Sept 24th & Halloween Costume dance: Oct 30th (see flyers).
Delmarva: Picnic Sept 11th @ Killen's Pond State Park. Pavillion #3. Contact: Christine 302-231-8100.
Halloween Costume dance: Oct 30th (see flyer).
NEFA: I submitted report & brought flyers for NEFA CNA (March 4-6th) at Crowne Plaza Hotel in Timonium, MD. Our donation: \$120. to phone line & \$400 to region. (get flyer at Area tonight).
North West: Chili Cook-off: Oct 2nd from 3-7pm (see flyer) \$10 to eat, \$20 to compete.
Ocean Gateway: Not in attendance: Convention Oct 22-24, Ocean City, MD (see flyer)
Small Wonder: Not in attendance: H&I Learning Day: Sept 18th 1-6pm (see flyer)
Susquehanna: Left before gave report.
Westside: Submitted written report but nothing to announce.

OLD BIZ: Tabled from last month.

MOTION 3: Whenever Fellowship input is required on literature & other items, the Regional Chair shall form a "focused workgroup" to facilitate, review, & input unless otherwise directed by the Regional Body. At the formation of the workgroup, the Regional Chair shall appoint a workgroup leader responsible for coordinating review efforts & reporting to Region.

This was quickly asked for discussion, there was none, & called for a vote. I felt rushed on this & was hoping to hear more about it therefore I abstained. Tally: 3/0/4. Motion failed. Due to so many abstentions, I said I felt totally rushed & unprepared to make a conscience for our area, so we voted to readdress this next month when I can then find out more about this.

MOTION 4: To put together a Regional Workgroup whose sole purpose is to work on the service system project.

Much discussion: why have a work group when anyone can go to the regional assembly(s) on these topics (any literature, etc) & participate. Anyone can send their ideas directly to NA on these upcoming topics or can get together as a group & submit it. If we have a "work group" we are allowing anyone to join but if only a few members represent the group as a whole, we really shouldn't say this is the "option" of the region as a whole. This would mean that only a few members (from that group) make decisions as a whole. I voted against this. Tally: 1/4/3. Motion failed.

NEW BIZ:

MOTION 1: Baltimore is hosting the upcoming RSC off month regional meeting. Advance the \$400 for set ups, etc to Balto area & if anything left over, it will be returned. Tally: 8/0/0. I voted YES.

MOTION 2: To produce a 1-day clean tag with the phone number of the hot line on it. This was not voted on by our body but Rhonda (current chair) said she would submit it to the Service Center for their vote, as this is of their interests.

Take care,



Helene Q
RCM NEFA

Attachments: I am including one flyer per event to each of my report to ensure that each GSR gets a flyer. Some events had many in a stack, some had few. I copied so everyone has one. You will need to make more copies for your group if you so chose.

Bay Area comedy show
Bay Area Halloween dance
DANA Halloween dance
Northwest Chili Cook off
Ocean Gateway convention
SWANA Regional H&I Learning day
AVCNA (Fredericksburg) Convention (Jan 2011)
WSO Workshops: Service System Workshop announcement
NA World Unity Day



Bay Area Special Events Presents...



COMEDY SHOW & FLASH BACK DANCE!



70's 80's and 90's are coming back for a visit!

Are you brave enough to attend dressed in your era?

Tickets: \$10.00 includes dance!

Just the dance is \$8.00 at the door

Where: Columbian Center

335 Ritchie Hwy. Severna Park Md. 21146

"This is an adult event, please use your discretion"

SEPTEMBER 24 COMEDY 6-8 DANCE- 9-1

Come join the fun and Fellowship!

For information call:

Judy D: 410-456-7993

Terri L: 443-939-7202

Rich: 443-463-3980

Jose: 443-623-8432





Bay Area Special Events Presents...



HALLOWEEN COSTUME DANCE



Adult and childrens prizes will be awarded!

Fun, food, and fellowship!

October 30th, 2010

Tickets: \$10.00

9PM TILL 1AM

Where: Columbian Center

335 Ritchie Hwy. Severna Park Md. 21146

"Children are welcome, please use your discretion"

Come join the fun and Fellowship!

For information call:

Judy D: 410-456-7993

Terri L: 443-939-7202

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D.A.N.A. Special Events Presents
their



HALLOWEEN COSTUME DANCE



Saturday, October 30, 2010:

8pm - midnight

Donation: \$7.00

Speaker from 7-8 pm (free)

50/50 drawing

PRIZES WILL BE AWARDED FOR THE BEST COSTUMES!!!

(Funniest, Scariest, and Best Duo)

Refreshments will be on sale!!

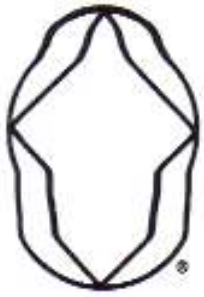
Grace United Methodist Church
7 South King Street * Georgetown, DE 19947
On the corner of King and E. Market Streets

For Info:

Josh H. (302) 302-0044
Tom H. (302) 233-4225

Kristen H. (302) 362-4311
Bruce R. (302) 448-1097





Northwest Area Special Events
invites you to a



Cash
prizes!!



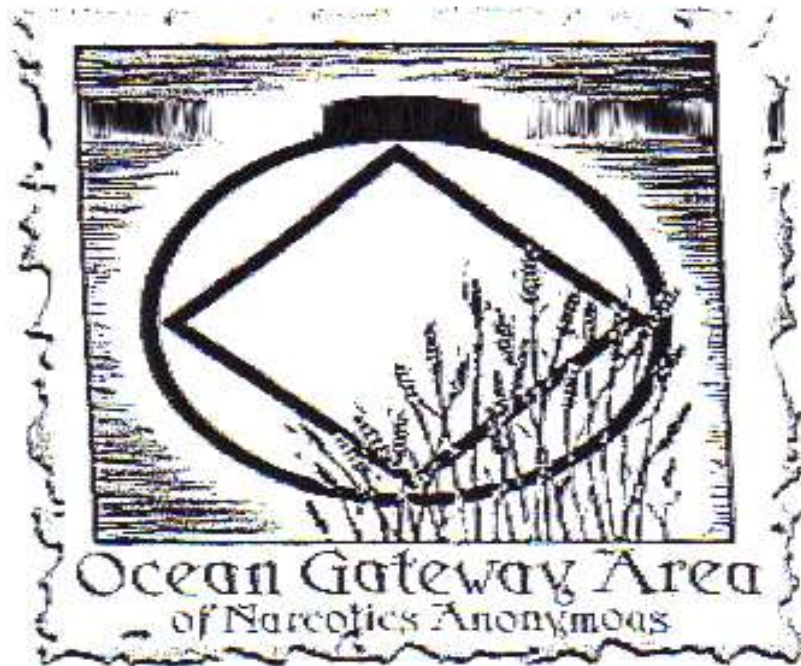
House chili -
all the fixins!

Saturday October 2nd, 2010
3pm-7pm

Entries must arrive by 2:30pm!!

\$10 to eat!!
\$20 to compete!!

See back of flyer for entry rules and hints!



**Ocean Gateway Area
Convention
Of
Narcotics Anonymous
XIII**

**October 22-24, 2010
Ocean City, MD**

**"...Unconditional Love"
Chapter 4, Basic Text, 6th Edition, Page 52**

~Registration Information~



Regional H & I Learning Day



Hosted by the SWANA Area

The purpose of an H&I is to carry the message of recovery to addicts who do not have full access to regular Narcotics Anonymous meetings. H&I meetings are intended to introduce those addicts in attendance to the basics of the NA program.

at

Mt. Salem United Methodist Church

In Rockford Park

2629 W. 19th St.

Wilmington, DE 19806

September 18, 2010

1:00 P.M. to 6:00 P.M.

Rain or Shine

Speakers and Barbecue, Food, Fun, & Fellowship

Contact: Roxane B. 302-438-0518

Direction

195 North from Maryland, get off at 52N/Delaware Ave.,
go three lights turn right on 52N/Pennsylvania Ave. for 1.3 miles.

Turn right on Tower Rd., drive into Rockford Park
and the church is on the right.





Location: Fredericksburg Expo Center

2371 Carl D Silver Parkway Fredericksburg, VA 22401

January 7-8-9, 2011

Chair: Mike L. 540-273-4450
knowiami@yahoo.com

Vice-Chair: Mark T. 540-379-9056
jmark1212@yahoo.com

Secretary: Sara T. 540-287-2342
marksara127@yahoo.com

Treasurer: Open Position

Vice-Treasurer: John B. 540-907-4852 bnternet@aol.com

SUB-COMMITTEE CHAIRS

Pre-Convention: Etta S. 540-522-1199

Hospitality: Tressie B. 215-298-2525

Entertainment: Corey C. 540-514-2439

Programs: Kermit O. 434-249-2890

Convention Info: Antoinette 540-287-7908

Arts & Graphics: Open Position
artsandgraphics.chair@yahoo.com

Registration: Pat P. 540-295-6063

Merchandise: Mike K. 540-538-1143

Additional Needs: Open Position

For more information please visit www.avcna.org



These five workshops will cover basically the same information. Workshops will begin Friday at 6 pm and end around 1 pm on Sunday.

Areas and regions are encouraged to try to fund as many **CURRENT AND PAST TRUSTED SERVANTS** as possible.

These experienced members are **ESSENTIAL PARTNERS** in evolving ideas and forwarding the work.

NA WORLD SERVICES

SERVICE SYSTEM WORKSHOPS

This project grew from the need to find solutions to our age-old service problems (apathy, communication breakdown, difficulty delivering basic services, etc.) so that we can do a better job of carrying the NA message.

- ❖ How can we improve our current service system to better serve our groups and carry the message to the addict who still suffers?
- ❖ We've been developing possible alternatives to our current structure, and we need your ideas and input.

This is a project for ALL NA members!
Please participate by joining us at one of these workshops.



To help us plan effectively and control costs, please act quickly to contact the appropriate hotel to make your room reservations. Mention NAWS Workshop.

Workshop pre-registrants present Friday at 6 pm are eligible for a drawing for two WCNA 34 (San Diego) registrations.

WORKSHOP REGISTRATION:

www.na.org/servicesystem, email elaine@na.org, or call 818.773.9999 x116

Service System Project information and materials: www.na.org/servicesystem



World Unity Day



4 September 2010

In a spirit of unity, we will join together around the world and say the Serenity Prayer at the same time. You may have an event, you may join together with friends, or you may take a moment to yourself as we pray together in this day of unity. A simple prayer that, for that moment, we will say together as a fellowship...no telephone link, no big event, just a prayer.



Or, if you don't feel like waking up at 3 o'clock in the morning, at some point on 4 September (hopefully in a meeting), take a moment to reflect on our worldwide fellowship and say the Serenity Prayer for the addict who still suffers.

5:00 am New Zealand • 6:00 am Samoa • 7:00 am Hawaii, US
8:00 am Aleutian Islands, US • 9:00 am Alaska, US • 10:00 am California, US
11:00 am Edmonton, Canada • 12:00 pm Mexico City, Mexico • 1:00 pm New York City, US
2:00 pm Rio de Janeiro, Brazil • 3:00 pm Greenland • 4:00 pm Cape Verde
5:00 pm (GMT) Greenwich • 6:00 pm London, United Kingdom • 7:00 pm Warsaw, Poland
8:00 pm Tel Aviv, Israel • 8:30 pm Tehran, Iran • 10:00 pm Karachi, Pakistan
10:30 pm India • 11:00 pm Bangladesh
(5 Sept 2010) 12:00 am Thailand • 1:00 am China • 2:00 am Korea
2:30 am Northern Territory, Australia • 3:00 am Sydnev, Australia • 4:00 am Russia (Zone 9)