

FREEDOM FROM THE EDGE



NEFACNA III March 5 - 7, 2010

**FRIDAY, MARCH 5<sup>TH</sup>**

<b>TIME</b>	<b>MEETING</b>	<b>ROOM</b>
4:00 pm - 5:15 pm	Steps 1,2,3 & Traditions-1,2,3	Chesapeake 3-4
4:30 pm - 5:45 pm	Changing People, Places & Things	Chesapeake 5-6
5:30 pm - 6:45 pm	Filling The Void	Chesapeake 3-4
6:00 pm - 7:15 pm	Give It Away To Keep It (Service Works)	Dulaney 1-2
8:00 pm - 9:45 pm	<b>MAIN SPEAKER MEETING</b>	Greenspring 1-5
10:00 pm - 11:00 pm	<b>HYPNOTIST</b>	Greenspring 1-5
11:15 pm - 12:30 am	Living Life On Life's Terms	Dulaney 2
11:15 pm - 2:00 am	<b>KARAOKE</b>	Chesapeake 3-6
11:15 pm - 2:00 am	<b>DANCE</b>	Greenspring 1-5
12:00 am - 1:15 am	More Will Be Revealed	Dulaney 1

**SATURDAY, MARCH 6<sup>TH</sup>**

<b>TIME</b>	<b>MEETING</b>	<b>ROOM</b>
8:30 am - 9:45 am	Steps 4,5 & Traditions 4,5	Chesapeake 4-6
10:00 am - 11:15 am	Youth In Recovery	Dulaney 1-2
10:00 am - 11:45 am	<b>GUEST SPEAKER</b>	Greenspring 4-5
11:30 am - 12:45 pm	We Do Recover	Dulaney 1-2
12:00 pm - 1:15 pm	In Times of Illness	Chesapeake 4-6
1:00 pm - 2:15 pm	History of NAV/History of NEFA	Greenspring 4-5
1:30 pm - 2:45 pm	Steps 6,7, & Traditions 6,7	Dulaney 1-2
2:00 pm - 5:00 pm	<b>DAVE REED/SOLO MUSICIAN</b>	Atrium
2:30 pm - 3:45 pm	Recovery & Relapse	Greenspring 4-5
3:00 pm - 4:15 pm	Triangle of Self Obsession	Chesapeake 4-6
4:00 pm - 5:15 pm	Steps 8,9 & Traditions 8,9	Greenspring 4-5

**SATURDAY, MARCH 6<sup>TH</sup>**

<b>TIME</b>	<b>MEETING</b>	<b>ROOM</b>
4:30 pm - 5:45 pm	Women's Sponsorship	Dulaney 1-2
4:30 pm - 5:45 pm	Men's Sponsorship	Greenspring 1-3
6:00 pm - 7:15 pm	Parenting in Recovery	Chesapeake 4-6
7:30 pm - 9:30 pm	<b>MAIN SPEAKER MEETING</b>	Greenspring 1-5
10:00 pm - 10:45 pm	<b>COMEDY SHOW</b>	Greenspring 1-5
11:00 pm - 12:15 am	Balance In Recovery (With Family & Work)	Dulaney 2
11:00 pm - 2:00 am	<b>KARAOKE</b>	Chesapeake 3-6
11:00 pm - 2:00 am	<b>DANCE</b>	Greenspring 1-5
11:30 pm - 12:45 am	Work The Steps or Die	Dulaney 1

## SUNDAY, MARCH 7<sup>TH</sup>

TIME	MEETING	ROOM
8:00 am - 9:15 am	Steps 10-12, Traditions 10-12	Greenspring 4-5
10:00 am - 11:30 am	MAIN SPEAKER MEETING	Greenspring 4-5

EARLY BIRD REGISTRATION FOR NEFACNA 4  
ONLY AVAILABLE THIS WEEKEND ON-SITE FOR \$20.00.  
ALL ENTERTAINMENT INCLUDED.  
SEE REGISTRATION IN HOTEL LOBBY.

### *The Serenity Prayer*

*God, grant me the serenity,  
To accept the things I cannot change,  
The courage to change the things I can,  
And the wisdom to know the difference.*